

# Prevent Slips, Trips, and Falls



**There are two major causes of falls:**

- ◇ **Inadequate friction on the surface**
- ◇ **Unseen and unanticipated obstacles or conditions**

- **Entrances and Aisle ways should be kept free of obstructions**
- **Floor surfaces should be clean and free of slippery areas**
- **Close drawers after every use**
- **Always use an appropriate stepladder for overhead reaching**
- **If you see anything on the floor--a pen, a paper clip, etc.- pick it up**
- **Report loose carpeting or damaged flooring**
- **Walk, don't run!**